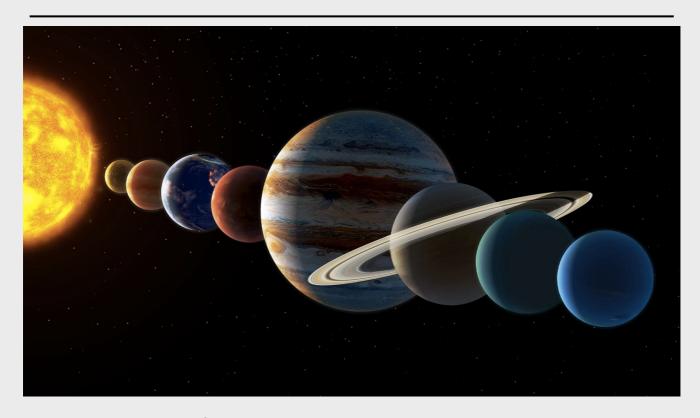
## CMS MIDDLE PAGES



### **Planets Alignment 2023**

BY: ALYSSA REED

On Tuesday, March 28, 2023, planets Mercury, Jupiter, Venus, Uranus and Mars aligned and were able to be seen from Earth. All of the planets orbit the Sun in essentially the same plane, which causes them to line up on occasion. Mercury was not apparent because it was the planet closest to the horizon, and just next to it will be a brighter object, the planet Jupiter. Uranus was not as apparent, while the brightest planet was Venus. Even though not all of the planets were able to be seen by the human eye, this was an interesting scientific

## MEMBER ARTWORK







ICE CREAM AND GRILL

SCOOPS IS AN ICE CREAM AND GRILL RESTAURANT LOCATED IN MOUNTVILLE PA. THE OWNERS ARE JASON RISNER AND GABRIELLE PETRINA. THEY HAVE BEEN IN CHARGE OF SCOOPS SINCE 2010 AND STARTED CATERING TRUCKS AS PART OF THEIR OPERATION IN 2020. JASON STARTED WORKING AT SCOOPS AT THE RIPE AGE OF JUST 15 YEARS OLD. JASON AND GABRIELLE SPONSOR MANY LOCAL EVENTS AND ARE A HUGE PART OF THE COMMUNITY. YOU MAY HAVE EVEN SEEN THEM AT HEMPFIELD FOOTBALL GAMES SERVING A VARIETY OF ICE CREAM FLAVORS. THEY HAVE 24 DIFFERENT TURKEY HILL ICE CREAM CHOICES AND MANY AMERICAN TYPE FOODS. SCOOPS ALSO OWNS THE GOLF COURSE BOULDERS MINIATURE GOLF LOCATED RIGHT NEXT TO THE RESTAURANT FEATURING 19 DIFFERENT HOLES. HOWEVER, SCOOPS WASN'T ALWAYS UNDER JASON AND GABRIELLE'S MANAGEMENT. SCOOPS WAS ORIGINALLY BUILT IN THE LATE 1990'S WHERE IT UNDERWENT MULTIPLE CHANGES IN MANAGEMENT UNTIL IT WAS ACQUIRED BY JASON AND GABRIELLE. IN THE COMMUNITY, SCOOPS HOSTS A VARIETY OF EVENTS FOR COMMUNITY MEMBERS SUCH AS: NATIONAL ICE CREAM DAY JULY 17TH AND CHRISTMAS IN JULY ON JULY 18-25TH. FOR EXTRA INFORMATION LOOK BELOW:

Scoops-Open everyday from- 11 AM to 9PM Course- 10:30 AM to 9 PM

\*does not include special days\*

# Girls Lacrosse

By: Landon Chandler and Laith Altufayli

AS SPRING SLOWLY SETS INTO PLACE, ANOTHER SEASON OF GIRLS LACROSSE HAS ARRIVED. AT HEMPFIELD, GIRLS LACROSSE IS A CLUB SPORT THAT ACCEPTS PLAYERS FROM BOTH LANDISVILLE AND CENTERVILLE MIDDLE SCHOOL. THE JR HIGH GIRLS TEAM IS LED BY COACH AARON MATTEW.



WE ASKED MEMBERS OF THE GIRLS
LACROSSE TEAM A COUPLE OF
QUESTIONS ABOUT HOW THEY FEEL
ABOUT THEIR LACROSSE SEASON, AS
WELL AS THEIR EXPERIENCE. ALLISON
RUSH SAYS THAT THEIR BEST GAME AS A
TEAM WAS AGAINST EPHRATA BECAUSE
THEY COMMUNICATED VERY WELL, AND
PLAYED AS A TEAM.

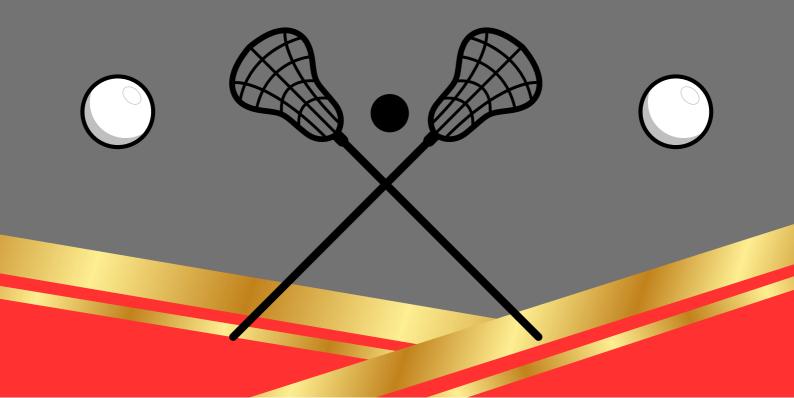
COMMUNICATION IS A HARD PART OF LACROSSE BECAUSE IT'S DIFFICULT TO STAY FOCUSED ON YOUR GAME WHILE SIMULTANEOUSLY BEING FOCUSED ON YOUR TEAMMATES' GAMES. ALLY WANTS TO WORK ON HER CATCHING AND THROWING OF THE BALL, AND BELIEVES THAT WILL IMPROVE HER ALL AROUND GAME THE MOST. SHE ALSO STATES THAT THE TEAM CAN IMPROVE THE MOST IN EFFORT AND COMMUNICATION.

BRYCE CALABRETA SAYS THAT HER TEAMMATE, ERIN MATTHEWS, IS THE MOST IMPROVED PLAYER BECAUSE SHE PUTS IN THE MOST EFFORT AND PRACTICES VERY FREQUENTLY. BRYCE SAYS THAT THE TEAM NEEDS TO WORK ON SPREADING OUT ON ATTACK AND MAKING SMARTER PASSES. SHE IS COMPETING IN A SUMMER LACROSSE CLUB CALLED EXTREME.

## Girls Lacrosse (Cont.)

LUCY FAHRNEY BELIEVES SHE PLAYED HER BEST IN HER GAME AGAINST MANHEIM TOWNSHIP. SHE SCORED 5 GOALS AND WAS A CRUCIAL PART TO THEIR VICTORY. LUCY'S FAVORITE PART OF THE LACROSSE PROGRAM IS THE RELATIONSHIPS AND SISTERHOOD THAT IS BUILT WHEN PLAYING. LUCY WILL BE PARTICIPATING IN PHANTASTIX LACROSSE IN THE SUMMER.

TO CLOSE, LACROSSE HAS ITS DIFFICULTIES, AND IT IS CERTAINLY A DIFFICULT SPORT. BUT, THERE ARE MANY PROS TO BEING A LACROSSE PLAYER AS WELL. YOU GET TO PLAY THE SPORT YOU LOVE AND LEARN VALUABLE LESSONS FROM COACHES AND MENTORS. YOU ALSO GET TO PLAY A SPORT YOU ENJOY, AND YOU GET TO PLAY IT WITH MANY FRIENDS. THE BLACK KNIGHTS LACROSSE CLUB HAS GIVEN GIRLS LACROSSE AN INCREDIBLE PROGRAM, AND WE ARE ALL GRATEFUL FOR IT.



# Boys Lacrosse

#### By: Saylor Hunt, Aiden Miller, and Landon Chandler

The Black Knights lacrosse team's seasons has finally ended, and their hard work and dedication left them much to hunger for next season. Lacrosse is known as the fastest sport on two feet and can be quite complex, so the CMS newspaper chose to dive deep into the current roster of the team, who the coaches are, and the different positions that each player can choose to play.

The most important part of a team are the coaches, so here are some answers to questions we asked one of the team's coaches, Coach Harbeck. The record for the A-Team of the Black Knights were 4-7, with wins against Exeter, Ephrata, Council Rock, and Penn Manor. Coach Harbeck hopes that with many 7th grade students returning for 8th grade next year, that they will improve their record by a ton. This is Coach Harbeck first year coaching, he has helped out a little in his hometown of Quakertown. He played for 9 years, at the middle school level, high school level for Quakertown, and at the college level at Millersville University. He thinks their season was a success, but the biggest improvement needed on the A-Team is consistent communication on and off the field, so people build chemistry with each other. According to Coach Harbeck, their team has been doing good at committing to practices, trying their best in all facets of the game, and consistently growing with other players on and off the field. The effort that the players have put into practices has led them to win some of their games. He is proud of all the players for being able to commit to lacrosse while maintaining good academics and mental health. Coach believes that if the team has consistent passing and catching and off-ball movement, it could lead to further goals. If the team continues to build chemistry with one another and keep getting better, they will find success in lacrosse.





# Boys Lacrosse (Cont.)

Attack is the position that starts by the opponent's goal. They can only come up to the midfield line, and if they go over the midfield line, it is called offsides. Tyler Goerner is an attack player who is good at cutting around the crease from behind the goal(which is called X). He wishes to get better at his stick skills. The game he and his team performed the best in was the game against Ephrata, and in his opinion, the most challenging game was against Cumberland Valley. His advice for new players is for them to hit the wall, and get better at their stick skills. Another attackman on the Black Knights lacrosse team is Adam Heuston. Adam is skilled at shooting and dodging, but wants to get faster and more agile. He believes the game where the Black Knights have played the best is against Twin Valley, where it looked like the team had gelled together and played really well! He also believes that their toughest game was against Manheim Township. Heuston's advice for new lacrosse players is: "What you put in is what you get out."

The middies are allowed to go wherever they want on the field, but there are special types of middies. Some middies do the faceoff, which is how you win the ball back after a goal is scored. Some are long-stick middies, which are midfielders that play with a longer stick for defense. Then, there are short stick middies, who just play with a normal sized stick. We have a spectacular group of middies, and two of them are Cooper Keever and Saylor Hunt. Cooper and Saylor both play faceoff and play on the wings, which is a middle who helps to get the ball after a faceoff. Cooper is very fast and can hit hard to disrupt the play and force a turnover. Although he is a great middie, Cooper believes he needs to get better at his stick skills, which is basically catching and throwing. He thinks the Black Knights best games were either their second game against Township or against Twin Valley. He thinks their toughest game was the first tournament games they played, since they didn't have all their players. For new players, he believes they should hit the wall for 30 minutes a day and stay active in the offseason for lacrosse. The next midfielder we will talk about is Saylor Hunt. Saylor is good at stick skills and is good at finding the open man on offense. Saylor needs to get better at being physical and he needs to get stronger. Saylor believes their best game where they played the best was their second game against Twin Valley. He believes their toughest game was against Cumberland Valley. Saylor's new advice for new players is to "hit the wall and put in effort."

The Black Knights Lacrosse Club is happy to have a great group of defensive players as well. We have interviewed Some of our best defenders, Jason Dickerson and Chase Penell. Jason says that working on stick skills is one of the most important aspects of the game, depending on how good you are at your stick skills, depends on how good you are at the overall game. He states that some of their games that helped them improve the most were the first games against Twin Valley and Manheim Township. He says that because they lost those games, they could reflect on why they lost and were able to get better at those specific skills. Chase is very good at taking the ball away from defenders and being physical and forcing turnovers via many defensive checks. He says he needs to work on his off hand to become the best lacrosse player he can be. Chase likes how the team played in their second game against township, where they really played their hearts out and didn't let Township go without a fight. He thinks their toughest games were either their first game against Manheim Township or Twin Valley.

The Black Knights boys lacrosse team is very grateful for the support of the community and all of the volunteers who have helped bring our lacrosse team to a success. Without this support, games, practices, and fundraising would not be possible. Keep an eye out for upcoming Black Knight's games in the future and enjoy an intense, exciting sport!

#### **BLACK HISTORY MONTH**

By: Sanaya Meade, MJ Brooks, and Nayanna Nock

Historically speaking, Black History Month was originally not even a month; it used to only be a week long and was changed when the U.S. president Gerald Ford decided to extend it to honor the achievements of Black Americans throughout history. There are many well known famous Black people like Rosa Parks, Martin Luther King Jr., Gerorge Whasington Carver, Barack Obama, and many more. However, there are many more important black voices that are not as well known. For example, Gwendoyln Brooks. Gwendolyn Brooks was an American poet, she was also an author, and a teacher. She wrote about personal struggles and celebrations of ordinary people in her life and community. She won the Pulitzer Prize for Poetry on May 1, 1950, for Annie Allen, making her the first African American to win a Pulitzer Prize.



Pictured here: Frederick Mckinley Jones



Pictured here: Dorothy Vaughan

Another example of a prominent black American is Frederick McKinley Jones who was an American inventor, entrepreneur, engineer, he won the National Medal of Technology, and an inductee of the National Inventors Hall of Fame. He invented mobile refrigeration technology. He received 61 patents, 40 for refrigeration technology. Next, Ida B. Wells was an American Investigative journalist, an educator, and a leader in the civil rights movement. She was one of the founders of the National Association for the Advancement of Colored People. Mae Carol Jamison is an American engineer, physician, and former NASA astronaut. She became the first black woman to travel into space when she served as a mission specialist aboard the space shuttle Endeavor in 1992, she is still alive today.

Finally, Dorothy Vaughan was a mathematician, and NASA'S first black manager. Vaughan is the first African-American to receive a promotion at NASA, she was an expert in Fortran. She was also the first one to discover the introduction of computers. Before Dorothy Vaughan discovered computers she was a human computer who worked for NACA and NASA. She was also the first African American woman to be the supervisor of the West Area Computing Unit. Overall, this month is here to honor these people for their great deeds. They all deserve to be honored and to be recognized for everything they did for the world, and their people.

### Teacher Spotlight: Mrs. Hill

Mrs. Hill teaches 7th and 8th grade World and American history. At first, Mrs. Hill taught highschool, but she decided to transfer to middle school because she wanted to help her students have more fun and to help develop more in middle school. Mrs Hill wanted to teach world history because she thinks everyone should learn about previous events. She believes they are of importance in the world and current events as well. Before teaching, she actually earned a degree in acting before she became a teacher. She did eventually enter into teaching, and her reasoning was because her mother thought she would make a great teacher, and she was right!

Some fun facts she'd want us to know about her is that she loves traveling and has been to 48 out of the 50 states! A piece of advice that Mrs. Hill would give her incoming students is to always try their best— no matter the task at hand. Her favorite unit to teach is about the development of the early government in the United States, and she loves learning about different cultures and religions in her free time to further her knowledge as a teacher. Thank you so much for being a great teacher here at Centerville Middle School Mrs. Hill.